

BETTER TOGETHER?

• Meaghan Benfeito of Montreal and Roseline Filion of Laval, Que., won a synchronized diving bronze medal in London. Now they'll go it alone as the 10-metre platform competition gets underway at 2 p.m. on OLN

• All-American girls: No matter what, the women's beach volleyball gold medal will go to the U.S. Find out what else you can't miss today PAGE 22



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No medal, but still one TERRIFIC OLYMPIAN

Hometown favourite Jessica Zelinka checks the scoreboard as she finishes the women's 100-metre hurdle final on Tuesday at Olympic Stadium during the Summer Games in London. Zelinka placed seventh. More coverage, pages 22 and 23. SEAN KILPATRICK/THE CANADIAN PRESS

Local crops drying up: Farmers

Food supply. Ontario producers face harvest blighted by one of the worst dry spells in living memory

MILA PETKOVIC
London@metronews.ca

Farmers in the U.S. Midwest are not the only ones affected by drought, which economists say could cause food prices to rise by as much as three to four per cent next year.

Ontario farmers are experiencing the same crisis with their soybean, corn and wheat crops.

"It's disheartening," said Mark Brock of Shepherd Creek Farms in Huron County. "You are going out to save a crop that started out to be phenomenal, and watching it wither away through the summer. Even two or three days of rain won't bring back some areas."

One provincial official says he's never seen anything like it.

"We haven't had a drought like this in my lifetime," said John Cowan, vice-president of strategic development of Grain Farmers of Ontario.

Many Ontario farmers already sold parts of their crops at reduced prices this year because the United States was expected to produce such a large harvest,

says Jeff Davis of K and R Davis Farms, northeast of St. Thomas.

Because of the dry spell, Davis, and many Ontario farmers like him, could be forced to take crop-insurance relief, which provides some coverage in case of bad yields. Davis is taking a small insurance payout on his wheat crop this year.

As if the drought weren't bad enough, some farmers are also grappling with a pest problem brought about the dry conditions.

"Spider mites," Davis said. "They take the juice and put the crop under more stress. If they get bad enough, the yield can be significantly reduced. We are trying to decide whether we should be spraying or not."

Brock says his crops are dry, but surviving. He is banking on rain in August and hopes for an average yield.

Last week, Ontario asked the federal government to allow farmers affected by the drought to apply for tax breaks and financial aid earlier than usual.

By the numbers

- Canadians spend 11.8 per cent of our incomes on food. In the United States and Sweden, it's 13 per cent. In Egypt, it's 20 per cent, and in China it's 39 per cent. Source: Statistics Canada



More than a thousand volunteers turned themselves into human dominoes and toppled into the record books. Scan the code to watch the bizarre event.



London's city planning department is expected to be back in city hall in the fall. ANGELA MULLINS/METRO

October move. Planners will be back in city hall after a two-year hiatus in another building



JOHN MATISZ
john.matisz@metronews.ca

After shipping them down the street just two years ago, the City of London is calling the planning department back to city hall in the name of convenience.

Currently housed inside the Bowles Building at 204-206 Dundas St. — half a

kilometre from city hall — planners will switch spots with another department, likely payroll, with hopes of increasing efficiency on both the citizen and staff levels.

"One of the things that is a priority in London, and pretty well across Ontario, is the (commercial and industrial) development application process," said interim city manager Tim Dobbie. "Municipalities are focusing on getting those applications done effectively."

Dobbie said the goal is to complete the shuffle by the end of October.

Originally relocated as part of a heritage and eco-

Moving bill

\$300K

It will cost approximately \$300K to move the planning department back to city hall

economic revitalization initiative from council in 2008, city hall decided planning was right for the move because the Bowles Building fit the department's needs.

City spokesperson Rob Paynter says creating increased foot traffic around Clarence and Richmond streets was another reason for the switch, which was completed in 2010.

By this fall, instead of making multiple trips, developers and the like will be able to head to city hall for all of their application dealings.

"It's easier for everyone to co-ordinate things when city planning is back in city hall," Dobbie added.

Planners, who will likely end up on the 11th floor of 300 Dufferin Ave., tend to converse most with employees from the engineering and building departments, and both are at city hall.

Follow John Matisz on
Twitter @Metro_JMatisz



Final tour

Original Wiggles coming to London

The world-famous preschool entertainers The Wiggles are coming to the RBC Theatre at the John Labatt Centre on Oct. 17.

The show reunites the four original Wiggles for their final tour together. Tickets (ranging from \$17.25 to \$77.25) go on sale on Monday at 10 a.m. A portion of ticket sales will be donated to UNICEF. **METRO**

Comedian Jeff Dunham

Disorderly Conduct at JLC

Comedian Jeff Dunham is bringing his Disorderly Conduct worldwide tour to the John Labatt Centre on Dec. 8. Dunham and his comedic sidekicks recently taped a new Comedy Central one-hour special, *Minding the Monsters*, scheduled to be broadcast on Oct. 7.

Tickets for the JLC show are \$61.75 and go on sale Friday at 10 a.m. Call 1-866-455-2849 or visit johnlabattcentre.com. **METRO**

Collisions and accidents

5 killed over long weekend: OPP

Ontario Provincial Police say five people died on the province's highways and waterways over the long weekend. They say four were killed in three separate collisions and the other died in a marine accident.

Police say they also laid more than 7,300 charges for speeding, driving while impaired, distracted driving and not wearing a seatbelt. Nearly 200 people were given roadside licence suspensions.

There have been 211 deaths on provincial roads and waterways so far this year, compared with 168 at this time last year.

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Domi's first Team Canada experience. Busy time for international Knights

By being named to Team Canada's under-18 squad, the son of legendary NHL pugilist Tie Domi has checked off one hockey milestone his dad can't stake claim to.

"Hockey season comes a little earlier this year," Max Domi told Metro after the freshly-chosen Canadian team finished a Tuesday morning workout at Toronto's MasterCard Centre.

The 17-year-old is set to don the Maple Leaf overseas next week, with the 2012 Ivan Hlinka Tournament in the Czech Republic and Slovakia. One of his London Knights teammates, Bo Horvat, will also make the trip to Europe.

Domi, a 21-goal scorer in his rookie OHL campaign last year, is considered by many scouting services to be of early first-round quality for the 2013 NHL draft.

That distinction doesn't appear to be giving the Toronto native a big head, however.

"Whatever I'm asked to do, I'll do," the natural centreman said of his pre-tournament mentality. "If that's playing wing — playing defence even — then I'm prepared to do that."

The star-studded roster, which features the potential first-overall pick in next year's

draft, Nathan MacKinnon, flies out on Wednesday. Domi says they'll work on systems and "get to know each other better" leading up to the tournament opener versus Switzerland on Monday.

Two other Knights, defencemen Olli Maatta and Scott Harrington, as well as unsigned 2012 import draft pick Nikolai Prokhorkin, are at under-20 summer selection camps right now.

Russian Prokhorkin and Canadian Harrington will face each other four times over a six-day span during the annual Canada-Russia Challenge, which kicks off in Yaroslavl, Russia, on Thursday and Friday, before concluding in Halifax next Monday and Tuesday.

Maatta, on the other hand, is in Lake Placid, N.Y., participating in a challenge of his own. He and his Finnish comrades are being tested by the U.S. and Sweden in a series of world junior championship tune-up games. The OHL playoffs hero is reportedly wearing the C for Team Finland while stateside.

Alex Broadhurst, one of London's 2012 second-round choices and a 2011 Chicago Blackhawks pick, was released by the U.S. world junior team on Tuesday. **JOHN MATISZ/METRO**

Knights training camp

Knights training camp starts Aug. 28.

Crime

Police arrest one of London's most wanted

One of the city's most wanted suspects has been arrested.

Kokoete Udoh of London was arrested without incident Monday at 5:30 p.m. Udoh was released from custody on April 10 in regards to charges stemming from earlier in the year, and now faces two counts of breaching his probation.

Police remind people

not to approach or interact with any of those listed on the London police website (police.london.ca) as wanted/high risk. They may be considered dangerous and members of the public have no authority to detain these individuals.

If you know of the whereabouts of any of the wanted/high-risk people, please contact the London police at 519-661-5670 or Crime Stoppers at 1-800-222-TIPS (8477). Information can also be sent in on-line anonymously to londoncrimestoppers.com.

METRO



Peter Brennan

PHOTO COURTESY OF PETER BRENNAN

Jeans 'n Classics getting ready for London Convention Centre

Take John Lennon's Imagine, a minimal song with piano and a little bit of bass, but then imagine 45 string instruments start to play along ... flutes, oboes, clarinets, bassoons, and horns chime in, creating a rich symphonic sound.

Jeans 'n Classics is a London-based company that takes rock, pop and classic rock favourites like Led Zepelin and Queen, and weaves

them into orchestral productions, with 60 to 70 people on stage performing as opposed to a handful.

"I've always liked all those instruments, all those layers of sounds and all those colours," said Peter Brennan, head of the 18-year-old touring company, which recently parted ways with Orchestra London to pursue a new project.

Jeans 'n Classics has partnered with the breast cancer research fundraising organization, A Rose in my Book, to present a new four-show series at the London Convention Centre. The first show, Handstands — The Very Best of Jeans 'n Classics, takes place Sept. 29, with profits going to breast cancer research.

Brennan assures his London audience that Jeans 'n

And the championship glory has yet to diminish.

"Any player in the continent would have tried to slam it home," Owens, a 20-year-old midfielder for FC London, said of striker Ayris. "But he showed his incredible touch around the goalkeeper and finished it."

Ayris, who attends Fairfield University in Connecticut on a scholarship, capped off a nine-goal rookie regular season by notching the most historic marker in franchise history. The goal clinched the fourth and final win required to capture the 2012 PDL crown, the first for the 2008-founded club.

"There's 73 teams in the league, 16 teams make the playoffs, and then to win our last four games on very good, come-from-behind performances — I don't think you can

get much better than that," FC London head coach Martin Painter said.

This recruitment season will represent the Blues' first real opportunity to mingle with the PDL's top players.

"It's already begun," Painter said about preparations for the 2013 season. "We've already started talking to some players we'd like back. I expect about half of the team to come back, and we'll be adding to our back end."

Stating they, as a No. 2 seed in the Great Lakes Division, had "nothing to lose" in the post-season, Owens believes the Blues rallied off the no-pressure tag.

"From an outside perspective, I think everyone else put us up as underdogs in all four playoff games. It took the pressure off of us," Ayris added.

FC London's PDL title run

- **July 21:** 1-0 win over Thunder Bay Chill
- **July 22:** 2-1 over Michigan Bucks
- **July 28:** 3-2 over Seattle Sounders
- **August 4:** 2-1 over Carolina Dynamo

Now the pressure is on FC London. Over the league's 18-year existence, only three teams have managed to win back-to-back PDL titles, all before 2004.

Follow John Matisz on Twitter @Metro_JMatisz



Wanna catch the show?

Tickets are available online at jeansnclassics.com.

Classics will continue to spice up the scene with orchestral rock 'n' roll productions.

"People like the concept," said Brennan. "They love the music they grew up with. A

Pink Floyd fan is as fervent today as when Dark Side Of The Moon came out, or The Wall. Something landed for them and they don't want to let it go."

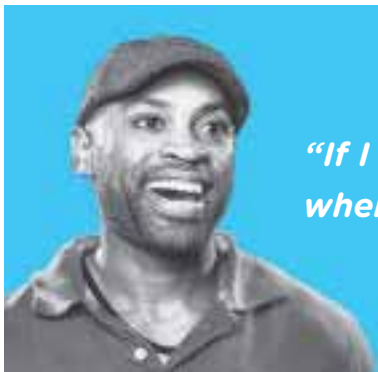
So if the prospect of hearing Another Brick in the Wall performed by a symphony orchestra tickles your eardrums, be sure to check out Jeans 'n Classics' new London series.

MILA PETKOVIC/FOR METRO



Tom Owens of Liverpool, England, left, shows off the PDL championship trophy with teammate Jordan Ayris inside Cove Road Stadium on Tuesday. **JOHN MATISZ/METRO**

FC London still beaming from continental triumph



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Project O-Bunker

More charges laid in drug sting

London police have laid additional charges in Project O-Bunker, a recent nine-month drug investigation.

Sayed Abdullah, 29, of London faces several charges including possession of oxycodone for the purpose of trafficking and

conspiracy to commit assault with a weapon. Livingston McBean, 22, of no fixed address, is charged with two counts of possession of oxycodone for the purpose of trafficking, one for marijuana.

Two other men, one of whom was already in custody as a result of Project O-Bunker, face a variety of charges. **METRO**



Strike deadline

Possible walkout could affect at-risk youth

Staff at London's Craigwood Youth Services are concerned about their clients if a new contract isn't hammered out next week.

That's when they'll be in a legal strike position,

affecting 35 at-risk youth. Management has attempted to negotiate a four-year contract with no wage increase for each year. A final round of negotiations are set for Aug. 15, and work would stop on the morning of Aug. 17 if a deal isn't reached.

Clients in residential programs would have to be separated from their support workers and relocated.

AM980/AM980.CA

One driver injured

Tractor-trailers on 401 damaged by rock-throwing

Chatham-Kent OPP are investigating following reports of rocks being thrown at moving vehicles on Highway 401.

Just after 3 a.m. Saturday, police were called out

to the 401 west of Highway 40, where someone had thrown large rocks at two separate tractor-trailers, striking their windshields and causing extensive damage.

One driver suffered minor injuries from flying glass, but no other injuries were reported. Police are asking anyone with information to come forward. **AM980/AM980.CA**

Local voice-over company up for business award

Voices.com. London firm 'helped change the way the whole industry operates'



JOHN MATISZ
john.matisz@metronews.ca

David and Stephanie Ciccarelli's sporadic scribbles serve as a constant reminder of humble beginnings.

"I still have the napkin of where we first jotted down the basic concept of Voices.com at our kitchen table," said David Ciccarelli, enthusiastically chuckling between words.

Voices.com, an all-encompassing voice-over service with a clientele base in the hundreds of thousands, is up for a 2012 Ontario Chamber of Commerce small business of the year award this October.

Along with Hamilton's Carstar and Kitchener's Miovision, Voices.com is a candidate to take home the trophy and some considerable bragging rights. Winning the Ontario award would cap off a pretty incredible year, as the homegrown company has already claimed

Quoted



"We want to expand our global reach. We're looking at launching our voice-over services in five to 10 languages."

David Ciccarelli, co-founder of Voices.com

the London Chamber's small business of the year award.

Nearly a decade into the entrepreneurial journey with wife Stephanie, 29, the other founder, Ciccarelli's aspirations are as high as ever before. "Long-term, it's a \$100-million company with 100 employees," the 33-year-old father of four said, adding the couple has no intentions of moving the tech company out of the Forest City.

So, what's all the fuss about? What's so amazing about Voices.com?

"We kind of helped change the way the whole industry operates," said Andrew Amos, the company's public relations manager. "Essentially, in the old way of doing things, the

voice-over industry relied on a time-consuming, expensive process, and we've offered the opposite."

Amos believes Voices.com is in the running for the award partly because of its innovative flare, ability to create local jobs, and community involvement.

Organizationally, this past year has been monumental for Voices.com, with its headquarters moving from a 1,500-square-foot office in Western University's research park to a 6,000-square-foot space downtown. A handful of new employees have been hired in the process.

"It's like when you move out of your parents' house for the first time," Ciccarelli added, talking about how crucial the move was to the expansion of the business.

Its "voice seeker" list currently includes big players in the entertainment industry, such as DreamWorks Animation, Sony, and Microsoft. Its net has been cast far and wide, too, already garnering 100,000 Facebook likes and setting a goal of 1 million by the end of 2013.

Follow John Matisz on Twitter @Metro_JMatisz



Shaking things up at the Children's Museum

Orla Fleet, 5, shakes a jar of raspberry tarragon salad dressing that she prepared with the help of Growing Chefs! Ontario at the Children's Museum on Tuesday. The cooking lesson was part of the museum's weeklong event the Art of Play, which features interactive workshops in the culinary arts as well as filmmaking, circus, visual and dramatic arts. It runs daily until Friday from 8:30 a.m. to 5:30 p.m. at the Children's Museum, 21 Wharnclyffe Rd. S. **MILA PETKOVIC/FOR METRO**

McGuinty repeats warning to teachers

Premier Dalton McGuinty is urging Ontario teachers to agree to new contracts before the new school year begins, while warning that he'll do it for them if they refuse.

McGuinty said he's confident teachers will return in September because they know the cash-strapped government can't afford to give them more money.

"I am very, very confident that the overwhelming majority of teachers understand our financial circumstances," he said Tuesday while visiting a school in Sault Ste Marie.

"They know we are the same government, they know this premier remains absolutely committed to publicly funded education — it's my single greatest priority. That hasn't

changed. What has changed is our financial circumstances and we need to be responsible given those changes."

But McGuinty also repeated his warning that he'd recall the legislature this month to impose new contracts if teachers and school boards can't reach local agreements that freeze wages for two years.

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Arrests put paragliding in spotlight

Terror from the sky?
Suspects allegedly took lessons, planned to launch aerial attacks

The history of terror plots is filled with unusual schemes, from an underwear bomber to model planes filled with explosives — showing how would-be attackers are constantly hatching ideas to catch authorities by surprise. Now questions are being raised about whether two Russians held on terror charges in Spain were planning to launch airborne attacks on paragliders.

The two Russians took paragliding lessons this year in a southern Spanish region renowned for the sport, authorities said over the weekend. A Turkish engineer also under arrest paid for the lessons.

Spain's Interior Ministry declined comment on whether investigators believe Eldar Magomedov and Mohamed Ankari Adamov were using the paragliding lessons to train for an attack. But analysts said the allegation in court paperwork that they took the lessons is

Quoted

"Terrorism is a full-time occupation. You don't pursue hobbies on the side."

Magnus Ranstorp, a terror expert at the Swedish National Defence College

almost certainly a key line of investigation.

"It would be surprising if it is not significant in the investigation given the fact that it is mentioned, and secondly because both of them are doing it," said Magnus Ranstorp, a terror expert at the Swedish National Defence College.

No attacks have been carried out using paragliders, experts said. The chances of success of such a plot would be severely limited by the difficulty handling the gliders over cities, terror and paragliding experts said.

But paragliding was still banned in and around New Delhi during the 2010 Commonwealth Games "to provide security against any sort of terrorist attacks," said police spokesman Rajan Bhagat.

THE ASSOCIATED PRESS

Paragliding in Europe

There are no criminal background checks for would-be paragliders.

- Students only have to be physically fit and able to

speak the language of the country where the courses are taught.

- Europe has at least 100,000 licensed paragliders.

West Africa

Ottawa pledging millions in relief

The federal government says it will match Canadians' donations to a fund for humanitarian aid in West Africa's Sahel region, which has been rocked by famine and political unrest.

THE CANADIAN PRESS

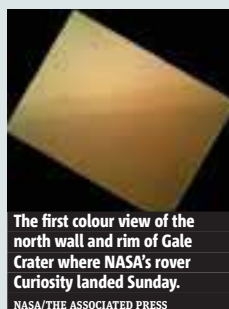
Germany

Civilian accused of stealing data

A 60-year-old civilian who worked at NATO's air command headquarters in Germany has been charged with stealing secret data. The employee is alleged to have obtained the data and transferred it to his computer.

THE ASSOCIATED PRESS

Mars



The first colour view of the north wall and rim of Gale Crater where NASA's rover Curiosity landed Sunday.

NASA/THE ASSOCIATED PRESS

Rover transmits first colour images

NASA's Curiosity rover has transmitted its first colour photo and a low-resolution video showing the last 2 1/2 minutes of its dramatic dive through the Martian atmosphere, giving a sneak peek of a spacecraft landing on another world.

THE ASSOCIATED PRESS



South Africa wakes up to a winter wonderland

People react as a rare snowfall hits Johannesburg, South Africa, Tuesday. Temperatures dropped to below freezing Tuesday morning as snow flurries blew through the South African commercial hub, dusting the city in white as residents poured into the streets to watch the snowflakes fall. The South African Weather Service has warned that extreme cold will blanket much of the nation over the next few days, which remains in winter.

JON GAMBRELL/THE ASSOCIATED PRESS

Congo. Oxfam says hundreds killed, raped

With Congo's army diverted to fighting a new rebel group, new militia groups have arisen and older ones are reasserting themselves, killing hundreds of civilians, the British charity Oxfam said Tuesday.

U.S. Secretary of State Hillary Rodham Clinton called the violence "a serious threat to regional security and stability."

Responding to the escalat-

ing crisis in the mineral-rich area, regional leaders met in Uganda on Tuesday where they may seek a change in the mandate of the U.N. peacekeeping mission. The option is one of three under consideration as presidents forming the 11-nation International Conference on the Great Lakes Region pursue a solution to the crisis.

THE ASSOCIATED PRESS

Israel. Blurry glasses keep women out of sight

It's the latest prescription for extreme ultra-Orthodox Jewish men who shun contact with the opposite sex: Glasses that blur their vision, so they don't have to see women they consider to be immodestly dressed.

Their interpretation of Jewish law forbids contact between men and women who are not married. Now they're being kept out of sight altogether.

The ultra-Orthodox community's unofficial "modesty patrols" are selling glasses with special blur-inducing stickers on their lenses. The glasses provide clear vision for up to a few metres so as not to impede movement, but anything beyond that gets blurry — including women. It's not known how many have been sold.

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Fewer fly Air Canada in July; WestJet on top

Air traffic. Losses expected to continue for Air Canada when it reports third-quarter results on Wednesday

Air Canada saw a greater percentage of empty seats on its flights last month compared with a year ago as traffic on Canada's largest airline slipped more than it cut capacity.

The Montreal-based company reported Tuesday that its system load factor for July was 85.9 per cent, down from 86.4 per cent a year ago.

In contrast, Calgary-based rival WestJet Airlines posted a record load factor in July, with improvements in all key performance measures compared with July 2011.

Air Canada's lower load factor came as traffic fell 1.1 per cent and capacity was cut 0.5 per cent compared with a year ago.

Still, the result was "close to last year's record load factor for the same month and



Air Canada workers talk at Pearson International Airport in Toronto on Thursday. NATHAN DENETTE/THE CANADIAN PRESS

underscores our continued disciplined approach to managing capacity," Air Canada president and chief executive Calin Rovinescu said.

Air Canada said the load factor on its U.S. and transatlantic flights dropped to 80.1 per cent and 87.5 per cent respectively, down from 81.2 per cent and 89.5 per cent. Domestic flights improved their load factor to 84 per cent, up from 83.1 per cent

a year ago, while flights across the Pacific improved to 91.5 per cent from 91.2 per cent.

Air Canada will report its third-quarter results Wednesday. The airline is expected to lose one cent per share on \$3 billion of revenues, compared with a loss of 20 cents per share on \$2.9 billion of revenue a year ago, according to analysts polled by Thomson Reuters.

THE CANADIAN PRESS

Health care. Pfizer pays \$60M in bribery settlement

Pfizer has agreed to pay the federal government \$60 million US to settle allegations that its employees bribed doctors and other foreign officials in Europe and Asia to win business and boost sales.

The Securities and Exchange Commission said Tuesday that Pfizer's overseas subsidiaries made illegal payments to health care workers in China, Italy, Russia, Croatia and other Eastern European countries. As early as 2001, Pfizer sales representatives tried to conceal the bribes by recording

them as legitimate business expenses for travel, entertainment and marketing purposes, the agency said.

"Pfizer subsidiaries in several countries had bribery so entwined in their sales culture that they offered points and bonus programs to improperly reward foreign officials who proved to be their best customers," said Kara Brockmeyer, chief of SEC's foreign enforcement division.

New York-based Pfizer is the largest pharmaceutical company by sales. THE ASSOCIATED PRESS

Market Minute

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Apple

iPhones, iPads to ditch YouTube app

Apple says the next version of its software for the iPhone and iPad won't come with a pre-installed YouTube application. Users will be able to play YouTube videos in the Web browser, says Apple spokeswoman Trudy Muller. YouTube-owner Google is also working on a downloadable app, she says. THE ASSOCIATED PRESS

Military export

U.S. senators target Canadian company

U.S. senators John McCain and Carl Levin are demanding tougher action against Canadian aerospace company Pratt and Whitney, which has admitted to exporting military software to China in violation of U.S. law — that could allow China to complete its first modern attack helicopter. THE CANADIAN PRESS

Broadcasting

Opposition slams BCE-Astral deal

Three major Canadian media companies have launched a campaign to oppose BCE Inc.'s planned purchase of Astral Media Inc., saying the deal would give Bell too much control over the country's broadcasting landscape. Cogeco Cable Inc., Eastlink and Quebecor Inc. unveiled the online petition. THE CANADIAN PRESS

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OPPRESSION IN BELARUS MAKES FOR A GOOD CHILD'S FABLE



JUST SAYIN'
Paul Sullivan
metronews.ca/voices/
just-saying

I had this great idea for a children's book:

The Dark Lord rules over a country far away. He is very powerful and prevents anyone from speaking out against his

government, even though the economy is a mess and the living standard is low. A group called Reporters Without Borders ranks this sad country 154th out of 178 countries in its Press Freedom Index.

After I penned a story

Imagine my distress when I find out that my story, which is going to allow me to replace J.K. Rowling at the top of the list of Fabulously Wealthy Children's Authors, really happened!

treasure that should go to hungry children. But the damage is done. Everyone is laughing at the Dark Lord, who can't even stop an invasion of teddy bears. His mojo is toast.

Imagine my distress when I find out that my story, which is going to allow me to replace J.K. Rowling at the top of the list of Fabulously Wealthy Children's Authors, really happened! And it's still happening.

The Dark Lord, also known as Alexander Lukashenko, the President of Belarus, has expelled the ambassador of the good people, who are in reality employees of a Swedish ad agency who thought the Teddy Bear Invasion would be a good way to get Belarusian oppression of human rights on the news agenda.

It worked. It doesn't hurt that Teddy Bear Terrorists Tomas Mazetti and Hannah Frey look like Swedish movie stars and the teddies are pretty darn cute too, with their little parachutes and placards.

Of course, because this is real life and not a child's fable, everyone is definitely not living happily ever after. Lukashenko is arresting anyone who dares to smile, and, meanwhile, the jails are full of human rights activists and former presidential candidates.

Still, you have to admire the Swedish protest and its simple, child-like charm. In a country where protesters have been arrested just for clapping or ringing their cellphones in unison, you need to be creative to tell a modern story of brutal, systematic oppression.

I know I'm inspired — I'm just about finished the New Adventures of Delta Force Teddy — in which the bears fly to North Korea to infiltrate Kim Jong-un's bedroom to discover the identity of the mystery lady who suddenly turned up at his side.

Stay tuned.

One day, good blond people from a magic land hear about the human rights abuses of the Dark Lord, including the death of a human rights activist, and decide to take action. They fly a small plane into the Dark Lord's domain and parachute 1,000 teddy bears calling for free speech, and then escape untouched.

When the Dark Lord finds out, he gets very angry and fires his generals who did nothing, despite boasting of a sophisticated defence system fuelled by

A turtle is born ... from plastic



ACT4.CO/SOLENT

Up-cycled art

Brilliant sculpture made from trash

This enchanting turtle floating in deep azure blue sea is truly unreal — in fact the creature is made entirely from discarded and reclaimed household objects.

Artist Sayaka Ganz's stunning sculptures — which also include a whale, fish, dog and an albatross — measure from half a metre to two and a half metres. **METRO**

A knack for recycling

- **Plastic passion.** Ganz sorts everything plastic — from sunglasses and cutlery to baskets and cooking utensils — into 20 colour groups in her basement. "I have been collecting plastic objects for four years now, and I have about 20 bins of colour-sorted plastics," she said. Some of her items are found in garbage cans, some in charity shops and the rest are donated by friends and relatives.

- **Japanese philosophy at heart.** Despite now working in Fort Wayne, Ind., Ganz keeps the traditions from her childhood homeland close to her art: "Japanese Shinto beliefs are such that all objects and organisms have spirits, and I was taught in kindergarten that objects that are discarded before their time weep at night inside the trash bin." She added: "My goal is for each object to transcend its origin by being integrated into an animal/organic forms that are alive and in motion."



Artist Sayaka Ganz, 35, hails from Yokohama, Japan.

CONTRIBUTED



Tomas Mazetti and Hannah Frey show a teddy bear on a parachute as they pose for a photo in Berlin recently. The slogan on the paper fixed to the bear reads: "We support the Belarusian struggle for free speech."

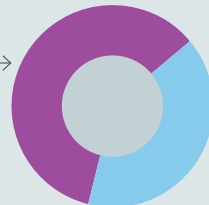
GERO BREILOER/THE ASSOCIATED PRESS



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PROUD PARTNER

RELY ON COPPER TO GO FOR THE GOLD



Jeremy Renner takes over leading man role in the latest Bourne flick. HANDOUT

The Jason Bourne facsimile

Damon relinquishes role. Renner picks up the lead in secret-agent thriller but it's not the first time Bourne has seen changes



IN
FOCUS
Richard Crouse
scene@metronews.ca

Writer Robert Ludlum died a year before Jason Bourne, his most famous character, was brought to life on the big screen by Matt Damon.

He didn't get to enjoy Damon's take on the action hero, but he did see another version of The Bourne Identity and the famous superspy.

The writer reportedly enjoyed the 1988 300-minute, two-part made-for-television movie of The Bourne Identity starring mini-series king Richard Chamberlain in the role Damon later made famous.

Despite a cheeseball love scene between Chamberlain and co-star Jaclyn Smith the TV special (now available on DVD) was a faithful adaptation of the first Bourne novel and even earned its lead actor a Golden Globe nomination.

These days Ludlum would be hard pressed to recognize his character, however.

He wrote the first three Bourne books but after his death the series was kept alive by writer Eric Van Lustbader, who has made slight, but noticeable changes to the character over the course of seven subsequent novels.

Quote

"Damon didn't want to return to the franchise but the studio still wanted another Bourne movie."

Moviegoers may also find themselves a tad confused this weekend when Jeremy Renner takes over the lead from Damon in The Bourne Legacy. Renner, who beat out Jake Gyllenhaal, Michael Fassbender, Taylor Kitsch and Josh Hartnett for the gig, isn't playing Jason Bourne, but a reasonable facsimile — a trained assassin brainwashed into taking part in covert government activities.

In Hollywood they call that expanding "the fran-

chise mythology."

In other words, Damon didn't want to return to the franchise but the studio still wanted another Bourne movie.

Ludlum's books — he wrote 23 thrillers with sales estimated between 290 to 500 million — have also provided the basis for several movies without the name Bourne in the title.

The Osterman Weekend is a confusing movie about a television journalist who becomes convinced his friends are a threat to national security. Ludlum apparently offered to rewrite the perplexing script at no charge, but was rejected by the movie's producers.

The result is an entertaining mess the New York Times said, "has a kind of hallucinatory craziness to it."

More troubles

The Holcroft Covenant was another troubled production.

- **Unhappy.** Star James Caan walked out the day before filming was to begin, unhappy with the script. His replacement, Michael Caine, carries the espionage story, but the action scenes are more entertaining than the spy story.

- **Another movie.** In development is the Chancellor Manuscript, Ludlum's story about J. Edgar Hoover's alleged "secret files." Leonardo DiCaprio is rumored to be in talks to star.

On the web



Madonna hopes for release of Russian rockers facing trial over punk prayer against Putin

Arnold Schwarzenegger talks steroids, military and his mother's fears for him

New documentary.

ESPN analyze the Terminator's rise and fall and what made him who he is today

AMBER
RAY

Metro World News

Take away Terminator. Strip away his governorship. The successes of Arnold Schwarzenegger all boils down to his stint in the Austrian army as a teen, when he won a Mr. Europe bodybuilding championship.

At least, that's the premise of Arnold's Blueprint, the first film in ESPN's new documentary series, 30 for 30 Shorts, premiering Sept. 26. Director Michael Zimbalist (The Two Escobars) focuses on Schwarzenegger's enlistment, the military's initial resistance to his sport, and his rise to Mr. Universe. The lesson: If you have a dream, ignore the naysayers.

"I had never saw a 'no' as a 'no,'" Schwarzenegger told reporters at the Television Critics Association press tour in Beverly Hills, Calif., on Friday. "I always heard 'yes.' And every time someone said it was impossible, I always hear 'It's possible.' So I didn't care what anyone said. To me, it always was positive and it's possible."

From his mother questioning his sexuality to his frank admission of steroid use, Schwarzenegger shared details from that period of his

Quoted

"My mother was always worried because she saw the pictures on my bedroom wall of naked men oiled up, and so she called the house doctor and said, 'Is there something wrong?'"

Arnold Schwarzenegger

Talking about his love of bodybuilding and his mother's initial fears for her son.

life with critics.

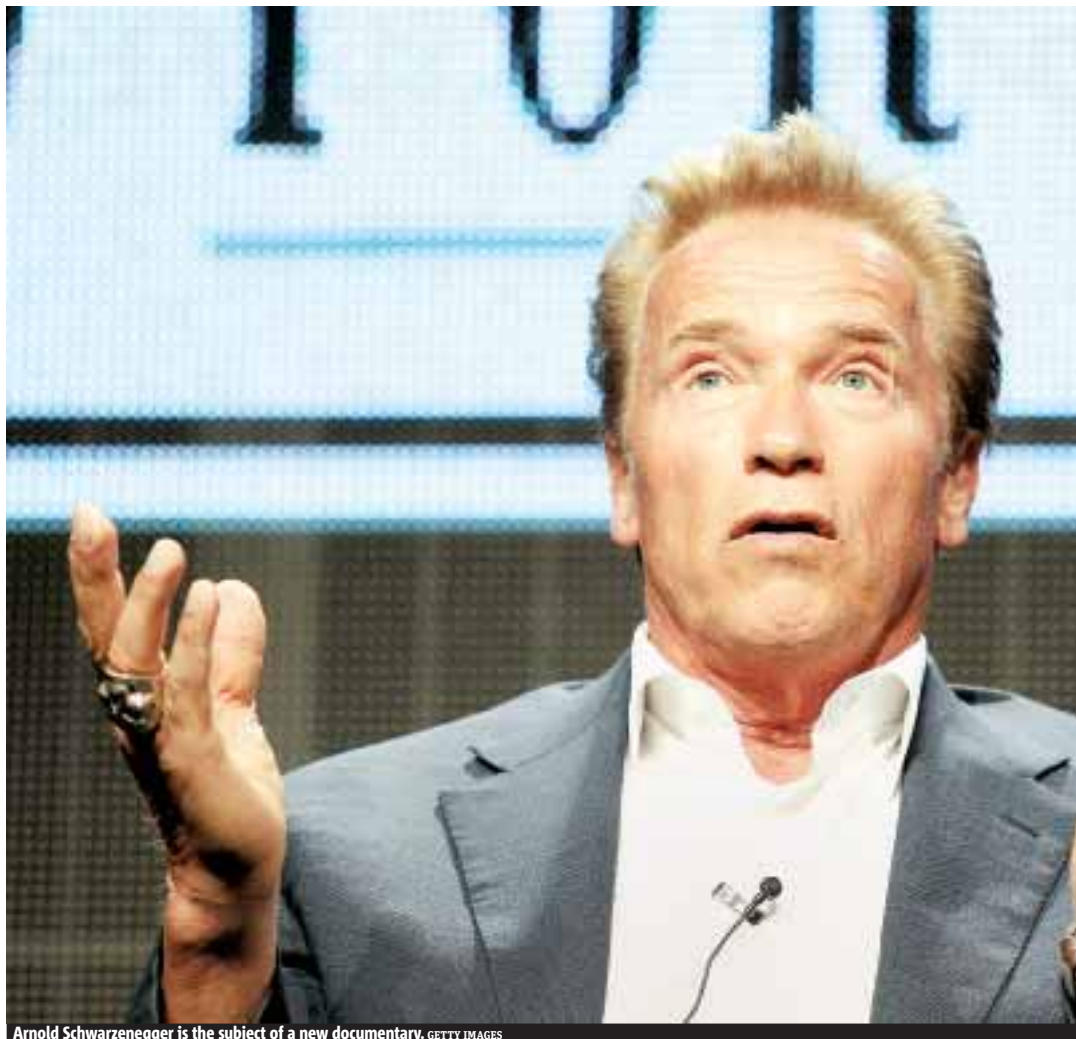
"My mother was always worried because she saw the pictures on my bedroom wall of naked men oiled up, and so she called the house doctor and said, 'Is there something wrong?'" he said.

But it was his battle with the military that was the most baffling.

"The whole concept was so new that it took a lot of effort for me to be heard and for them to pay attention and to say, 'OK. Let's get him weights into the base.'"

It wouldn't be the only battle in his life.

"I took steroids. At that point, it was more experimental when I was competing, and then there, of course, there was more and more knowledge, and more research was done. But I think that every sport is trying everything that they can, including bodybuilding ... to get rid of the drugs."



Arnold Schwarzenegger is the subject of a new documentary. GETTY IMAGES

ParaNorman celebrates the unconventional

ParaNorman. Off the wall children's film embracing some unorthodox approaches to making animated movies

CAROLYN
MORRIS

scene@metronews.ca

Computer wizardry takes a back seat in the upcoming children's flick, ParaNorman.

Instead of dazzling computer-generated images, if you look really closely, you might notice that the globules of spit flying from one of the movie's many zombies are actually little balls of dried glue mounted on a wire.

And you surely won't be

able to detect that Norman's chubby friend's belly is lifted up and down with an Allen key to make it appear to jiggle as he runs, through stop-motion technology.

Yes, the makers of this high-budget film are making use of the same tool as Ikea shoppers worldwide.

"We work in unorthodox ways," says producer Arianne Sutner.

The Portland-based Laika studio also made the 2009 children's film Coraline, which was nominated for an Academy Award in the animated feature category.

"We're working very hands-on, with over 300 artists working with very traditional tools — paint, and glue and hammers," she explains.

It's not that computers



ParaNorman opens in theatres Aug. 17. HANDOUT

are absent. But they are used in service of the more tactile side of the production. The thousands of facial expressions that Norman and his

fellow characters display are designed digitally. Instead of being rendered out for the film, though, they're printed using 3-D printers and at-

tached to the puppets with magnets.

"The process of printing has an imperfection to it. And once real light hits that,

it becomes something else entirely," says writer and co-director Chris Butler.

"You still can't beat just natural photography," Sam Fell, the movie's other co-director, agrees.

Norman has approximately 32,000 faces that fit onto his 28 bodies. Animators then meticulously position the puppets on sets to take a picture of every single frame in the movie — 24 for every second of film. It's not unusual for them to spend an entire day shooting less than a second's worth of footage.

The movie's about a boy who's different. He sees zombies and ghosts, and he's the target of schoolyard bullies as a result. It's a comedy and a horror-film satire, and celebrates the unconventional.

It opens Aug. 17.

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3
LIFE

Top 5 universities you can crash at -- for less -- this summer

BY MAE GIFFORD
life@metronews.ca

Staying at Ryerson is cheap compared to downtown Toronto hotels. PROVIDED BY RYERSON UNIVERSITY

Ryerson University

Price: \$54 for a single bed with shared bathroom

Average price for hotel: \$159

The reason to stay here is location, location, location. Situated close to Yonge-Dundas Square in downtown Toronto, you're mere steps from theatres, the Eaton Centre and transit that can take you to the CN Tower. Each floor of the residence has a common lounge, kitchen and shared laundry facilities.

5

universities to stay in



Guests at Dalhousie also get access to Dalplex, the university's athletic facility. FLICKR: BRENT EADES

Dalhousie University

Price: \$31 for students, \$47 for adults

Average price for hotel: \$179

Located in the centre of activity in downtown Halifax, guests are close to many attractions including museums, restaurants and shopping. You'll also get free Wi-Fi and access to Dalplex, the school's athletic facility.

University of Prince Edward Island

Price: \$53 for a single room, \$69 for a double

Average price for hotel: \$179

Minutes from downtown Charlottetown, guests who stay in the residence are treated to free parking as well as bed linen and towel exchange. Want to take a dip in the ocean? The beach is a 20-minute drive away.



Just 20 minutes from the beach, the University of Prince Edward Island also has free parking. HANDOUT

University of Victoria

Price: \$47.20 for a single bed

Average price for hotel: \$199

This picturesque city is a must-see for all Canadians, but staying near the inner harbour is pricey. The school is located about 20 minutes from downtown, and the price is right. The best part about staying here? They also throw in breakfast. Apartment-style units with four bedrooms and two bathrooms are also available for \$160 per night.



The University of Victoria offers a variety of options, and includes breakfast. FLICKR: ALEJANDRO ERICKSON

Carleton University

Price: \$72.32 per person, includes taxes and all-you-can-eat buffet breakfast

Average price for hotel: \$118

The nation's capital is popular during the summer and staying at Carleton is a great option for the budget-wise. Halfway between the airport and downtown, the school is close to shopping, galleries and museums. Guests who stay here also have access to the school's athletic facilities (including an Olympic-sized pool) for a small fee.



Carleton University can be a low-cost option for travellers visiting Ottawa. FLICKR: ERFANO

On the Web



Eighties heart-throb turned travel writer Andrew McCarthy says Toronto is no longer dull

Skip tired barbecue toppings and finish steak with chimichurri sauce

Steak with Chimichurri Sauce



This recipe serves four. THE CANADIAN PRESS H/O

Excellent cuts of barbecued beef suit Canadians' summer lifestyle to a T — simple, great-tasting food grilled to perfection. In this rendition, chimichurri sauce is used.

1. In a food processor, combine parsley, coriander, mint, garlic, cumin, salt and cayenne; pulse until garlic is minced. Add vinegar and mix. Gradually add oil, mixing until thoroughly combined. (Chimichurri can be made up to 1 day in advance. Cover and refrigerate until ready to use or freeze for up to 1 month.)

2. Generously season beef with salt and pepper. Place on greased grill over medium-high heat; close cover and grill for 4 to 6 minutes per side for medium-rare.

3. Meanwhile, if not using vine tomatoes, thread cherry tomatoes on small skewers (if using wooden skewers, soak for about 20 minutes first). Place tomatoes on grill and cook for last few minutes of grilling, just until warmed through. Serve with steak.

Ingredients

Grilled Steak

- 4 beef tenderloin grilling steaks (each 180 g/6 oz) or your favourite cut of grilling beef

- Salt and pepper, to taste
- 1 pkg (200 g) on-the-vine cherry tomatoes or 375 ml (1 1/2 cups) cherry tomatoes

Chimichurri Sauce

- 250 ml (1 cup) chopped fresh parsley

- 125 ml (1/2 cup) each chopped fresh coriander and mint

- 2 cloves garlic, chopped

- 2 ml (1/2 tsp) ground cumin

- 1 ml (1/4 tsp) salt

- Generous pinch cayenne pepper

- 45 ml (3 tbsp) red wine vinegar

- 150 ml (2/3 cup) olive oil

4. Drizzle each steak with 30 ml (2 tbsp) chimichurri. Serve remaining chimichurri sauce on the side. **FOODLAND ONTARIO/ THE CANADIAN PRESS**

Drink of the Week

Sip Brazil's sweet Caipirinha cocktail

Caipirinha, considered Brazil's national cocktail, is a celebrated beverage. Make a variation with watermelon for the perfect party sip.

- 1 lime
- 5 quarter-sized slices ginger
- 10 ml (2 tsp) sugar
- 6 chopped mint leaves
- 60 ml (2 oz) watermelon puree
- 60 ml (2 oz) cachaca
- 30 ml (1 oz) grenadine
- Ice

Muddle lime, ginger, sugar and mint and transfer to a cocktail shaker. Add watermelon puree, grenadine, cachaca and ice. Shake. Pour into a glass and serve.

THE CANADIAN PRESS/
WATERMELON.ORG



Strawberry Mango Mojito Salad. Refreshing, tangy no-cook summer dessert



1. In a medium bowl, combine strawberries and mango. Sprinkle with sugar, mint leaves, lime juice, zest and rum, if using.

2. Let stand for about 30 minutes before serving to allow flavours to develop.

Ingredients

- 500 ml (2 cups/1 pint) fresh ripe strawberries, hulled and cut in half
- 1 medium Ataulfo mango, peeled and diced
- 50 ml (1/4 cup) white sugar

3. Serve in a martini or rock glass for maximum impact, with lime slice on edge of glass and mint sprigs.

THE CANADIAN PRESS/ **PURE FOOD: HOW TO SHOP, COOK AND HAVE FUN IN YOUR KITCHEN EVERY DAY BY CHRISTINE CUSHING (WHITECAP BOOKS, 2010)**

- 1/2 bunch fresh mint leaves, washed and chopped finely
- Grated zest/juice of 1 lime
- 60 ml (2 oz) white rum
- Lime slices and mint sprigs

Use BBQ side burner to keep kitchen cool in summer heat

Christine Cushing, television host and author of the cookbooks *Pure Food*, *Fearless in the Kitchen* and *Dish it Out*, says a barbecue with a side burner means that an entire meal can be prepared outdoors, helping to keep the cook and the kitchen cool.

Succotash, for example, is a southern combination of corn and lima beans but has many variations. This Corn and Pepper Succotash is a quick fresh version that shows off the summer's harvest.

To beat the summer heat, Cushing uses her barbecue's

Ingredients

- 30 ml (2 tbsp) butter
- 1 onion, chopped
- 1 red pepper, diced
- 1/2 jalapeno, chopped
- 1 clove garlic, chopped
- 2 cobs corn, kernels only
- 250 ml (1 cup) baby lima beans (fresh or frozen)
- Sea salt and freshly cracked black pepper, to taste
- 1 small plum tomato, chopped
- 30 ml (2 tbsp) chopped fresh cilantro



This recipe serves six. NEWS CANADA

side burner to sauté all the vegetables. For extra flavour, grill the corn, husked and on the cob, for a few minutes, then remove kernels and add to sauté pan.

1. In a large skillet with over medium-high heat, melt butter. Add onion, red pepper and jalapeno and

sauté for 4 minutes, just to soften. Add garlic and sauté for 1 minute, until golden.

2. Add corn kernels, lima beans and tomatoes and reduce to medium heat, season and cover. Cook until tender, 7 to 10 minutes, until corn and lima beans are softened. If pan is dry

before beans and corn are tender, add a couple of tablespoons of water.

3. Season with salt and pepper and add chopped cilantro. **THE CANADIAN PRESS/ PURE FOOD: HOW TO SHOP, COOK AND HAVE FUN IN YOUR KITCHEN EVERY DAY BY CHRISTINE CUSHING (WHITECAP BOOKS, 2010)**



Wonder worker: Everyone (even this guy) has a hero inside them waiting to hatch. iSTOCK

Twitter

@TalentEgg
What career lessons should students be learning from the #London2012 Olympic athletes?

@marisabaratta
Perseverance is key! @TalentEgg #London2012 career lessons

@SerenajHT
It's not only about talent but the determination, dedication and desire to win that will reap you results! #London2012 #olympics

@_Shereen
With practice and determination, your only competition is yourself.

@GregRyderVAN
Success is not an accident - It happens when Opportunity and Preparedness meet. #WilloToPrepare

@NaveenZafar
no matter how challenging it may be - get up and KEEP MOVING FORWARD!

@NaveenZafar
self discipline and perseverance are crucial

@ShabShah
Strive for excellence, success will follow. #London2012

Becoming an office Olympian

Work to win. Channel the athlete's outlook in every day life

LEAH RUEHLICKE
TalentEgg.ca

As London is alive with athletes embracing the Olympic motto and going faster, higher and stronger, the work force is alive with employees practicing these same strategies for success.

Workplace competition is inescapable these days, what with interns fighting for that one available position, and everyone and their brother hoping for a promotion. Donovan Bailey is a pro at going for the gold. You can be too – and

you can do it in the most professional and appropriate way possible.

Recognize the importance of training

Every week you should be analyzing your performance. Did you meet your targets? Where and why did you fall short? Evaluating your performance and taking steps to improve – whether it be embarking upon further training courses or practicing some basic strategies – is going to help you become the strongest employee you can be.

Overcome obstacles

Every athlete has to learn how to pick themselves up after a setback. That high jump bar you just can't clear? The hurdle you keep knocking over? Ath-

letes need to keep their eye on the prize in order to keep going when the going gets tough.

Similarly, we face obstacles in the workplace as well. Not getting the promotion you wanted. Being rejected from a job you thought you had in the bag. Keeping your eyes on your ultimate goal and focusing your attention on what steps you can take to get there will help you find yourself on the workplace podium sooner rather than later.

Push yourself

Preparing for the Olympics is an insane time commitment. You eat, sleep and breathe Olympic training. Therefore, maintaining focus and working towards constant improvement is your key to success. At work, it is easy to fall victim to doing

Water world

H2O is your new best friend

- A healthy athlete is a hydrated athlete. A healthy employee is one who drinks lots of water in order to keep their mind fresh. Simple as that.

the bare minimum and settling into where you are instead of working towards where you could be. Pushing yourself to work harder and surpass expectations is where you are going to find your career success.

Stick to friendly competition
Rivalry between co-workers who are fighting for the same

Go for the gold

“Keeping your eyes on your ultimate goal and focusing your attention on what steps you can take to get there will help you find yourself on the workplace podium sooner rather than later.”

Leah Ruehlicke

positions can get heated as they fall under the pressure of trying to prove themselves. Standing out is one thing. Doing it maliciously is quite another. Although it's natural to want to win, remember that you are on a team. Do your best, but not at the expense of others.

Be a lover not a fighter

Nothing says Canadian pride like your whole house crowding around the TV and cheering on our Olympians. Not only that, but the athletes who are competing are just as supportive of each other and just as eager to cheer each other on. At work, embrace the idea of being a team and supporting your peers. Rooting for others will encourage them to do the same for you (and make them want to work more closely with you!)

LEAH RUEHLICKE IS A MARKETING/EDITORIAL ASSISTANT AT TALENTEGG, AND A RECENT CULTURAL STUDIES AND ENGLISH GRADUATE FROM TRENT UNIVERSITY.

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Tweeting tragedy turns into lesson

Dreams dashed.
Olympian's story of social slip-up important for all hires to hear

ISHANI NATH
TalentEgg.ca

After years of training and preparation, it took less than 140 characters to dash Greek track athlete Voula Papachristou's Olympic dreams.

The young triple-jump champion was booted from the London 2012 Summer Olympic Games roster after she posted a tasteless tweet about Africans and the West Nile virus, sparking an uproar on social media.

While only a select few get to be professional athletes and partake in the Olympics, this situation speaks to an issue that is common among all of us: social media can have serious repercussions for your career — a lesson that Papa-



Don't forget that the words you type are connected to your mouth. ISTOCK

Keep yourself in check

"Check your spelling, check your grammar and, above all, check your content."

Ishani Nath

christou is now learning the hard way.

To be sure that you don't have to endure the same lesson, Robert Half Division Director Chris Brady has some tips and advice for job seekers and young professionals using social media.

Remember your audience

"Your social profile when you're in college or university can be very different than what it should be when you're out in the workforce," says Brady. When you're posting on social media, it's important to remember that you're not on campus anymore. What you

post, tweet and upload is available to a much wider network of people than just your immediate network of friends. The web is much larger than that. Current and prospective employers are in that mix.

Be aware of the impression that you make online, he says. Even though LinkedIn is the 'Facebook of business,' companies can still lurk around your other social networks to get a sense of who you are.

Amp up your security

If you've racked up years of unflattering party photos or awkward high school banter that you'd rather your current or future boss not see, the easiest solution is to adjust your privacy settings.

Each social media site has help features to explain how to share without sharing with the wrong people. Keeping your social networks private is a quick way to manage your online brand if you don't have time to professionalize your accounts.

Pause before you post

When you have a great tweet or status update, it can be tempting to get it out to the cyber sphere as quickly as possible. But stop a moment and think. This message is potentially going out to more than just your network of friends so you better make sure that it is what you want to say. Check your spelling, check your grammar and, above all,

check your content.

Brady says, if you're posting something that employers could find, ask yourself: "Would I stand up in a conference room and make that comment?" If the answer is no, such as in the case of Papachristou's tweet, then don't hit send.

Though you can delete posts off your feed or account, you can never fully erase them. "The information

that you put out there once you hit that button is out there for good," says Brady.

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NFL

Ryan lays down law at Jets practice

Rex Ryan ordered his players to cut out all the nonsense.

When the New York Jets ignored their coach, it was time to run. And run some more.

A day after a 20-player throwdown highlighted a chippy practice, Ryan made his players run a series of



Rex Ryan GETTY IMAGES FILE

sprints Tuesday as punishment for a few minor scuffles on the field. **THE ASSOCIATED PRESS**

NFL

First female official 'a little nervous' and plenty excited

The NFL's first female official is welcoming her role as a sports pioneer.

Shannon Eastin says she's excited and a bit nervous but not at all intimidated by the challenge of working a

pro game. Eastin makes her debut Thursday as the line judge when the Green Bay Packers play San Diego in the pre-season opener.

"I want to encourage women: Don't be afraid," Eastin said on a conference call Tuesday. "Pursue and have dreams. This is my dream. With very step I hope to show it really doesn't matter if you are male or female."

THE ASSOCIATED PRESS

Golf



"Things have progressed, but still, not winning a major championship doesn't feel very good."

Tiger Woods, who will get his last chance to win a major in 2012 at this week's PGA championship.

Dancevic's renaissance won't begin in Toronto

Tennis. Former No. 65-seed Canadian falls in first-round at Rogers Cup

Frank Dancevic has had better days at the Rogers Cup.

Only five years ago, he reached the quarter-finals.

But Mikhail Kukushkin of Kazakhstan defeated Dancevic 6-3, 7-5 in a first-round Rogers Cup match on Tuesday.

Kukushkin, 24, ranked 69th in the world, will play Richard Gasquet of France in Round 2.

Dancevic, 27, a native of Niagara Falls, Ont., is trying to resurrect a career that had him ranked 65th in the world at one stage. He entered the Rogers Cup as a wild card, ranked 123.

"I've had a pretty rough year this year battling injuries and stuff," he said after Tuesday's match. "My confidence this year started getting better last week. I started playing really well and I made the semifinals in Vancouver."

But as well as he played last week, it was a different story on Tuesday.

"Arriving here late and adjusting, I found it a little difficult and I felt like I was struggling out there today finding my timing," he said.

After dropping the first

Pospisil finished

On Tuesday afternoon, Juan Monaco of Argentina defeated Vasek Pospisil of Vancouver 7-5, 6-4.

- It was a quick turnaround for the 22-year-old Pospisil, who beat Italy's Andreas Seppi on Monday night in a third-set tiebreaker.

set, he was competitive in the second until Kukushkin broke his service to go ahead 6-5.

"Physically I feel good," Dancevic said. "My back is good, knock on wood. The last three tournaments I've played I haven't felt any pain or anything serious."

Things weren't so good this year before that.

"When I was playing well ... I felt like my confidence just skyrocketed," he said. "Then, bam, I was out three months, it happened so suddenly. I just like popped ligaments and I was out. It kind of scared me."

"Coming back and starting to train again was really difficult... I was very tentative, very afraid of what was going to happen if I would get hurt again and be out again."

THE CANADIAN PRESS



Frank Dancevic leaves the court after his loss in Toronto on Tuesday.

AARON VINCENT ELKAIM/THE CANADIAN PRESS

In Montreal

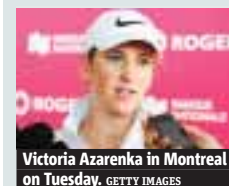
Rest not an option for Azarenka

It's been a hectic time for Victoria Azarenka, but it has not kept the world's top-ranked women's tennis player away from the women's Rogers Cup.

Azarenka arrived in Montreal on Tuesday from the London Olympics, where she won bronze in singles and then gold in mixed doubles with Belarus compatriot Max Mirnyi.

"It's not easy to regroup mentally because you want to celebrate a bit, but you have no time," Azarenka said Tuesday. "But I'm happy to be here."

THE CANADIAN PRESS



Victoria Azarenka in Montreal on Tuesday. GETTY IMAGES

Mobile sports



Punctures. Broken saddles. Shoe issues. The Olympics is not the place for a cyclist to have a mechanical malfunction. Some problems can't be anticipated. But for the rest, the Canadian track cycling team has veteran mechanic Sandy MacDonald. Scan the code for the story.

Pitching prognosis gets worse for Jays



Drew Hutchison pitches in Toronto in June. CARLOS OSORIO/TORSTAR NEWS SERVICE

The Blue Jays will have to do without rookie right-hander Drew Hutchison a lot longer than expected, with word coming down Tuesday that the 21-year-old will undergo season-ending Tommy John surgery.

Typical recovery time for the reconstructive elbow operation is at least a year, meaning he will miss most — if not all — of the 2013 season.

When Hutchison left his start on June 15 with pain in his right elbow — becoming the third Jays' starter to suffer a serious injury in just four games — his ailment was originally classified as a

"sprained," rather than torn, elbow ligament. The Jays believed he would escape surgery.

Manager John Farrell said then that Hutchison's injury was "clearly" less severe than Kyle Drabek's — suffered a day earlier — for which there was consensus on the need for surgery. There was talk of Hutchison rejoining the starting rotation before the end of the season.

But after nearly two months of rest, rehab and deliberation with his family, Hutchison will join Drabek on the long road to recovery — except now he's two months behind.

TORSTAR NEWS SERVICE

Surgery schedule

The Jays say Hutchison, 21, will have his surgery performed by Dr. James Andrews in Pensacola, Fla.

- Toronto right-hander Dustin McGowan, 30, will also visit Andrews on Wednesday and is scheduled for arthroscopic surgery to evaluate his right shoulder joint on Thursday.

- McGowan has had shoulder surgeries in 2008 and 2010. **THE CANADIAN PRESS**



BELIEVE
IN YOUR
SMELL





Derek Drouin wraps himself in the Canada flag as he celebrates his bronze in the men's high jump on Tuesday at Olympic Stadium in London, England.
SEAN KILPATRICK/THE CANADIAN PRESS

Drouin overcame injury to leap to an Olympic bronze

High jump. Three-time NCAA champion wins Canada's first medal in high jump since 1976

A year ago at this time, Derek Drouin was barely walking, let alone leaping.

The 22-year-old from Corunna, Ont., had suffered a lisfranc fracture, a gruesome foot injury that has ended the careers of countless athletes, and one that his doctor warned may keep him off Canada's Olympic team.

Certainly no one watching Tuesday night would have guessed that as he captured

Quoted

"Basically my goal was just to get through the season and get to the Olympics."

Derek Drouin, bronze-medal winner in the men's high jump, who had surgery to secure his foot with screws and then was sidelined for eight months.

bronze in the men's high jump, Canada's first track and field medal at the London Olympics and its first in the event since Greg Joy's silver at the 1976 Montreal Games.

"That was the amazing thing," said his coach Joel Skinner, a high school teacher in Sarnia. "He struggled with it, got over it, was determined, came back from it. He has come back from this lisfranc

fracture to win an Olympic medal and a lot of people need to know about that because it's just an amazing feat."

Drouin finished in a three-way tie with Britain's Robert Grabarz and Qatar's Mutaz Essa Barshim. All three cleared 2.29 metres without any misses then missed three attempts at 2.33 metres.

Ivan Ukhov of Russia won the gold with a jump of 2.38

metres while American Erik Kynard took silver with 2.33.

Mike Mason of NanOOSE Bay, B.C., was eighth with 2.29, narrowly missing on one of his attempts at 2.33 metres that would have put him in the medals.

Drouin, a three-time NCAA champion, suffered the injury in March 2011 when he planted his right takeoff foot an odd way. The mid-foot injury results when the metatarsal bones are displaced.

"My doctor made it very clear that if I was going to qualify (for London) it was going to be very, very tight. The rehab was extensive, it was very long," Drouin said.

THE CANADIAN PRESS

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Diving. Despatie 11th in fourth and final Olympics

Ilya Zakharov of Russia scored 104.50 points on his last dive to win the three-metre springboard at the London Olympics, spoiling China's bid to sweep all eight diving events.

Zakharov totalled 555.90 points in the six-round final Tuesday night. Qin Kai of China took the lead into the last round, but he settled for silver at 541.75.

He Chong, the defending champion and Qin's teammate, earned the bronze at 524.15.

Alexandre Despatie of Laval, Que., finished 11th in his final Olympics.

"My objective this year was to compete at my fourth Olympics," said the 27-year-old, who suffered a serious injury in training in June. "I had a lot of roadblocks on the way and I pushed myself to the limit to get there."



Alexandre Despatie performs in the men's three-metre diving final in London, England. THE CANADIAN PRESS

"It was the most taxing year of my life and just to be here was something special to me. I was lucky to be here in the first place." THE ASSOCIATED PRESS/THE CANADIAN PRESS

Synchronized swimming

Russians reprove dominance in duet

Natalia Ishchenko and Svetlana Romashina extended Russia's domination of synchronized swimming with an Olympic gold medal in duet on Tuesday.

The Russians improved on their free score from the prelims, finishing with a total of 197.100 points. They haven't lost an Olympic synchro event since the 1996 Atlanta Games.

The only real drama was for silver, which went to Spain's Ona Carbonell and Andrea Fuentes with 192.900 after a lively, Tango-themed routine that had the crowd at the Aquatics Centre clapping along nearly the whole way.

China's Huang Xuechen and Liu Ou finished third with 192.870.

THE ASSOCIATED PRESS

Wednesday's 3 to watch



Equestrian

Defending champion Eric Lamaze, of Schomberg, Ont., pictured, and 10-time Olympian Ian Millar, of Perth, Ont., will represent Canada in the individual jumping event.

Time: 9:55 a.m.
Channel: TSN

2 Women's beach volleyball

It's an all-American final. Kerri Walsh Jennings and Misty May-Treanor will face April Ross and Jennifer Kessy, pictured, for the gold medal.

Time: 4 p.m.
Channel: TSN



Women's wrestling

Hazelton, B.C.'s Carol Huynh returns to the Olympic mat to try to defend her gold medal from the 2008 Beijing Games in the 48-kg weight class. Huynh is one of Canada's best chances for a medal on Wednesday.

Time: 8:20 a.m.
Channel: Sportsnet

Meet Ford's new Prius fighter



ALL PHOTOS WHEELBASE

Spacious

The level of cargo space in the C-MAX is about equal to that of the Toyota Prius v, but offers nearly one-third more room than its chief rival with the rear seat folded flat.

As you would expect from its shape, the interior offers adult-sized head, knee and legroom.

2013 Ford C-MAX

- **Type.** Four-door, front-wheel-drive hatchback hybrid.
- **Engines (hp):** 2.0-litre DOHC four-cylinder and electric motor (188).
- **Mileage:** L/100 km (city/hwy) 4.2/4.6 (base, est.).
- **Base Price (incl. destination):** \$27,500 (est.).

Dashboard

What will really impact buyers is the flight-deck-style dashboard and control panel that would look at home in the Starship Enterprise.

The gauge pod boasts a brake coach that helps drivers maximize the regenerative braking system to help keep the lithium-ion batteries topped up.

Powertrain

Driving efficiency is a certainty with the C-MAX and C-MAX Energi plug-in hybrid powertrains, both of which will be available in the 2013 Ford Fusion sedan.

The gasoline component is a 2.0-litre four-cylinder that produces 141 horsepower. It works in tandem with a 106-horsepower (estimated) electric motor.

Ford projects a net system output of 188 horsepower, which is 54 horsepower more than the competing Prius v.

Power is directed to the front wheels by a continuously variable transmission (CVT). Even with the extra power, Ford expects the C-Max to achieve a better fuel economy rating than the Prius v.

Review. A hybrid with economy, power, room and a good starting price? You bet

MALCOLM GUNN

Wheelbase Media

When you think "hybrid," images of green fields, fluffy white bunnies and the Toyota Prius likely dance around in your head. The Prius has spent most of its life in a category of one, but a decade of success has also

made it a sitting duck for companies such as Ford.

But is the new 2013 C-MAX wagon a real Prius fighter where it counts, in terms of fuel consumption? Yes, if you compare it to the least thrifty Prius v, that is. Put head-to-head against the Prius v, it has about the same interior room and quite a bit more power.

The C-MAX arrives this fall as Ford's first dedicated hybrid brand, although it's based on the automaker's compact Focus architecture and has the same distance between the front and rear

wheels and overall length as that model. But the C-MAX is more than 10 centimetres wider and 15 centimetres taller, making it ideal for hauling people and their gear.

At an anticipated \$27,500, including destination charges (which is slightly less than the Prius v's base starting price) the base C-MAX SE comes with dual-zone climate control, 17-inch alloy wheels and seven airbags. The SEL adds leather seats (heated in front), 10-way power driver's seat, rain-sensing wipers and satellite radio. On the option list is a hands-



Hybrids are becoming more opulent. Leather is on the menu.

free back-up parking assist and a power liftgate that opens and closes by shaking your foot beneath the bumper.

There should be no short-

age of converts to the C-MAX Hybrid's way of life, with its easy-on-the-eyes appearance, practical nature and easy-on-the-wallet fueling intervals.



Although the platform is shared with the Focus, the C-MAX is noticeably taller and wider. It's more like the new Escape.

On the Web



Kathy Ulyott has always loved cars. So when Bridgestone Americas invited her on a two-day learn-to-race course, she jumped on it. Scan this code or visit metronews.ca/drive

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Shea Holbrook's got the need for speed

Autopilot



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Mike Goetz
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Racecar driver Shea Holbrook didn't grow up in a household locked into any type of car culture orbit. And not until five years or so ago did she even pine for any of the pavement pursuits.

Until then, her prime passion was being dragged around a lake by a boat, an activity sometimes called "competitive water skiing."

So what happened? Why did she trade her skis for a helmet and a fire-retardant racing suit?

Why is there currently a race-prepped 2012 Honda Civic Si HFP with her name on it, and currently sitting in third place in her class (Touring Car) on the SCAA World Challenge Pro Racing circuit?

When she was 16, Holbrook and her father decided to take in the Richard

Petty Experience, where NASCAR fans get behind the wheel of a race car for a day. After that she switched gears, so to speak.

"I'm a huge adrenaline junkie," says Holbrook, adding that car racing gives her what she needs, and is unlike anything else out there when it comes to adrenaline production.

"When I put my racing suit on, I have to calm myself down. It's all about the thrill."

We're chatting under a temporary tent at the Niagara Drive Centre, which is more or less the back runways of the Niagara International Airport.

Holbrook is here to take journalists out for a ride in her race-prepped Civic, as part of a press event for the new Civic Si HFP. The Florida native's race car is campaigned by Toronto-based Compass 360Racing.

It's easy to see why Honda Canada, SCCA racing, her team and her sponsors are eager for her to meet the media. She's a well-spoken, engaging ambassador for her racing partners, for racing in general, and for her gender.



Competitive racecar driver Shea Holbrook is ranked third in her class. MIKE GOETZ/METRO

She knows she's getting attention for being a young

female in a male-dominated sport, but she also com-

pletely understands that attention and/or gender

won't make her car go any faster.

"The cool thing about car racing is that the car doesn't know the gender of the driver, or how tall or how short they are," she said.

"It's one of the few sports where women and men can go head to head. It comes down to who is smarter, who is more talented, who has the experience, who is more determined, who is one with the race car."

And she's more than willing to pay her dues.

"I like the fight. A lot of people say (female drivers) have to overcome all these obstacles and struggles. I don't like it when people say they're in a struggle. If it's your passion you don't really look at it like a struggle. Everyone has obstacles to overcome, to get to where you want to be."

She says that success in motorsports is particularly hard to come by, so a little extra obstacle to overcome here and there along your career might actually be useful — to harden and sharpen the resolve.

For more on Shea's racing adventures check out shearacing.com.

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Horoscopes

Aries

March 21 - April 20

You must put a fight behind you and join forces with someone whose help you are going to need in the weeks to come. If you have to meet certain challenges alone, you might not succeed.

Taurus

April 21 - May 21

You may think you can get away with anything, but that is not an excuse to do as you please at other people's expense. Think ahead to how your actions might affect your long-term reputation.

Gemini

May 22 - June 21

The more of an effort you make now, the more opportunities will come your way in the near future. With Mercury, your ruler, moving in your favour again, now is the time to make plans. The bigger the plans, the better.

Cancer

June 22 - July 23

Today's cosmic picture makes it easy for you to make new alliances. You may think you don't need other people but you do, more than you realize. Besides, there is a joy to working with others that solitary effort can't match.

Leo

July 24 - Aug. 23

You seem to have gotten your mind stuck in a groove and are finding it hard to move on. What you most need now is a change of attitude. Look at your life from a wider perspective.

Virgo

Aug. 24 - Sept. 23

Everyone is singing your praises at the moment but you don't seem to have much confidence in yourself. However, now that your ruling planet Mercury is moving direct again you will soon rediscover your self-belief.

Libra

Sept. 24 - Oct. 23

You may not want to say what you have to say but you must say it anyway. Does that make sense? Okay, put it this way: if you don't speak truth to power you'll be the one who loses money. Got it?

Scorpio

Oct. 24 - Nov. 22

An old idea will get you thinking along new and profitable lines over the next 24 hours. It may be an idea that has been used many times before but your twist on it could make you a million!

Sagittarius

Nov. 23 - Dec. 21

Stop feeling sorry for yourself and start thinking about how you can make the best of the opportunities you've been given. They are all around you if you take the trouble to look. Life is full of possibilities.

Capricorn

Dec. 22 - Jan. 20

Make sure that you are the one who profits from your ideas. Mercury, planet of the mind, will give you plenty of insights but it is what you do with them that matters. Action is essential.

Aquarius

Jan. 21 - Feb. 19

If you are having second thoughts about an agreement of some kind, you can probably get out of it today. There will be a price to be paid, of course, but it will be worth it. Reclaim your freedom.

Pisces

Feb. 20 - March 20

The whole world seems to be singing your praises and it's quite right that you feel proud about what you have achieved. But don't lose sight of the fact that it's only a beginning. Everything is up for grabs. **SALLY BROMPTON**

Crossword: TV Star, Water, Royalty, and a PM

BY MICHAEL WIESENBERG

Across

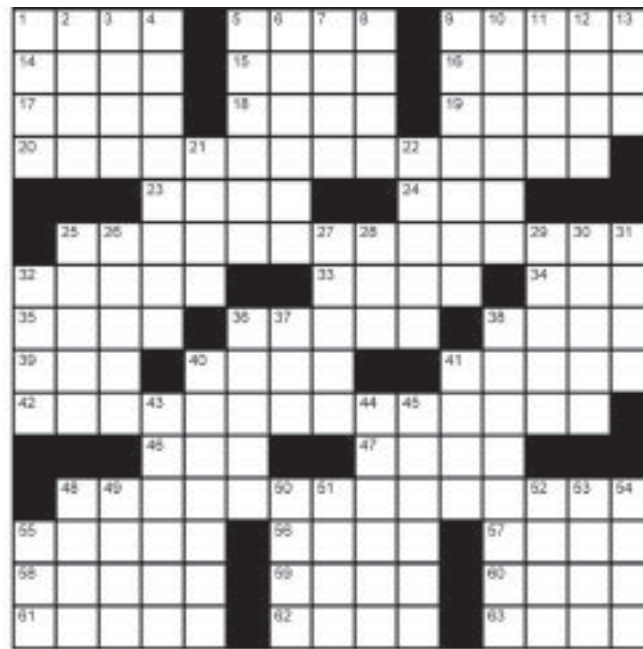
1. ___ to riches
5. One of many on a computer desktop
9. Crop associated with Saskatchewan
14. "What are you, some kind of ___?" (2 wds)
15. Fashioned
16. Our world
17. Break suddenly
18. Great Lake
19. Actress Dickinson (*Police Woman*, *Rio Bravo*, *Ocean's 11*, *Dressed to Kill*)
20. BC-born *Baywatch* babe (2 wds)
23. Backpacker's shelter
24. Fib
25. Second-largest body of water in NT, and deepest in North America (3 wds)
32. Male swine
33. Wallet fillers
34. Confound
35. Murders
36. "___ all, folks!": cartoon signoff
38. ___ et Chandon champagne
39. Bumpkin
40. Born and ___
41. Grassy yards
42. Queen Victoria's fourth daughter, after whom three places were named, a lake, a village, and the province itself (2 wds)
46. Golfer Ernie called "The Big Easy"
47. Persia, now
48. 12th PM, 1948-1957

(3 wds)

55. 9:50, say (2 wds)
56. Cold-weather wear
57. Margarine
58. One ___ chance: odds are 9:1 against (2 wds)
59. Formerly
60. Got off
61. British Isles wastelands
62. ___ of the *D'Urbervilles*: 1891 Thomas Hardy novel upon which was based 1979 Roman Polanski film whose title was simply the girl's name
63. Broad lowland

Down

1. Frog-in-the-throat sound
2. Canadian-born actress Paquin
3. American territory in the Pacific
4. Vatican City basilica (2 wds)
5. "That's not what ___": "I may have misspoken" (2 wds)
6. Diamond weights
7. Thor's dad
8. Require
9. Becomes fatigued
10. ___ and Gretel
11. Therefore
12. Has ___ ear: is tone-deaf (2 wds)
13. Kermit ___ Frog
21. Meadows
22. Santa's helpers
25. Really succeed (2 wds)
26. One-named Egyptian-



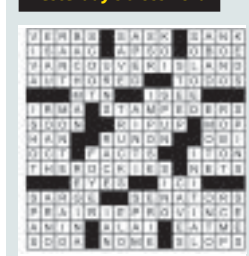
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born Canadian singer-songwriter of children's music
27. Cargo quantities
28. Picnic pest
29. Swears
30. Nancy Drew creator Carolyn
31. Many business phone nos.
32. Betty of old cartoons

36. Hair amount
37. "___ a real nowhere man": Beatles lyric (2 wds)
38. Much-traveled thoroughfare (2 wds)
40. Vancouver CFL team (2 wds)
41. Hawaiian feast
43. Grammar gender
44. Shrubs with lavender blooms

45. Speechifies
48. Late-night TV host Jay
49. "Hold ___ your hat!"
50. Stevenson or Burns
51. Vocal sound
52. Jazz singer Fitzgerald
53. Winnipeg-born Young called "Godfather of Grunge"
54. Lug
55. ___ Horton's

Yesterday's crossword



What's online

See today's answers at metronews.ca/answers.



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | 8 | 5 | 7 | 3 | 4 | 2 | 9 | 1 |
| 7 | 1 | 2 | 5 | 9 | 6 | 8 | 4 | 3 |
| 3 | 4 | 9 | 8 | 1 | 2 | 5 | 7 | 6 |
| 5 | 6 | 3 | 4 | 2 | 8 | 9 | 1 | 7 |
| 8 | 2 | 1 | 6 | 7 | 9 | 3 | 5 | 4 |
| 4 | 9 | 7 | 5 | 3 | 1 | 6 | 8 | 2 |
| 2 | 5 | 6 | 9 | 4 | 7 | 1 | 3 | 8 |
| 9 | 7 | 8 | 1 | 6 | 3 | 4 | 2 | 5 |
| 1 | 3 | 4 | 2 | 5 | 9 | 7 | 6 | 8 |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | | | | 2 | | | 1 | |
| | | | 3 | 9 | | | 4 | |
| 6 | | | 1 | | | | | 7 |
| 9 | 1 | | | 8 | | | | |
| 4 | | | 5 | | 6 | | | 8 |
| | | | 7 | | | 3 | 5 | |
| 3 | | | | | 4 | | 2 | |
| 8 | | | | 3 | 9 | | | |
| 7 | | 2 | | | | | | 6 |

Today

29° / 16°

Mainly sunny

Thursday

22° / 16°

Showers

70%

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